

Tag Rugby EYFS Overview

Week one:

• Ball familiarisation / Travelling safely holding the ball correctly.

Week two:

• Pop and swing pass basics

Week three:

- Passing over bigger distances
- Scoring a try

Week four:

- Passing under pressure.
- Scoring tries as a team.

Week five:

• Learning to tag.

Week six / seven

- Tagging.
- Conditioned games.

National Curriculum links:	 Master basic movements including running, jumping, throwing and catching, as
KS1	well as developing balance, agility and co-ordination, and begin to apply these in
	 a range of activities Participate in team games, developing simple tactics for attacking and defending





Tag Rugby KS1 Overview

Week one:

• Learning to pass using the pop and swing pass.

Week two:

- Learning to pass on the move using the pop and swing pass
- How to score a try.

Week three:

Passing in a team

Week four:

- Passing under pressure.
- Scoring tries as a team.

Week five:

• Learning to tag.

Week six:

- Tagging.
- Conditioned games.

National Curriculum links: KS1	•	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
	•	Participate in team games, developing simple tactics for attacking and defending





Tag Rugby Key stage 2

Overview

Week 1:

- Passing and moving.
- Pop pass.
- Swing pass.

Week 2:

- Passing and moving.
- Know when to choose a pass.

Week 3:

- Passing and moving.
- Pass the ball backwards down the line.

Week 4:

- Passing under pressure.
- Tagging

Week 5:

- Passing and beating defenders in a small team
- Tagging under pressure

Week 6:

- Scoring a try.
- Conditioned games.

Week 7:

• Conditioned games.