

# Dodgeball KS2

## Overview

### Week one:

- Over arm throwing
- Under arm throwing

### Week two:

- Throwing on the move.
- Throwing with greater accuracy.

### Week three:

- How to catch the ball using a variety of techniques.

### Week four:

- Basics of dodging.

### Week five:

- Basic rules of dodgeball and how to umpire

### Week Six:

- Dodgeball tournament.
- Umpiring game.

