# P.E. Intent



# **Whole School Curriculum Vision**

Our rigorous, ambitious and relevant curriculum is designed to serve each child within our richly-diverse community, ensure the 'highest standards of learning for all' and prepare all children for a joyful life in the modern world.

Our commitment to the Christian faith and our six core values underpin our curriculum:

Friendship

Hope

Thankfulness

**Forgiveness** 

Compassion

**Endurance** 

# **Aspiration, Diversity and Inclusivity**

Our values act as drivers for a curriculum which responds to, and embraces, an evolving community. Cranleigh welcomes more than 20 ethnicities, including a significant population of children from the Gypsy/Roma and Travellers of Irish Heritage communities, a greater than average number of children accessing the pupil premium grant, and a higher than average number of children with SEND.

The support we offer our community aims to overcome some low literacy skills, increase understanding in the power of education and ensure all minorities are celebrated. We adapt our provision accordingly, ensure we provide our children with the demanding work they both deserve and seek, and ensure all children are provided with enrichment opportunities to enable them to learn about the world around them.

# Communication

We pride ourselves on our commitment to nurture and communicate effectively, and hold exceptionally high expectations of ourselves, each other and our community. Our children are empowered to use their literacy, oracy, and digital communication skills, with scaffolding and support, to purposefully share and articulate their learning with others.

# **Evaluation**

Our reflection procedures which include subject leadership time, responsive professional learning, both summative and formal assessments, and half-termly pupil progress meetings enable us to refine our curriculum offer.

# **Purpose of Study**

# **National Curriculum**

A high-quality Physical Education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

#### <u>Development Matters (EYFS)</u>

Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives. Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, coordination and positional awareness through tummy time, crawling and play movement with both objects and adults.

Children in reception will be learning to:

Revise and refine the fundamental movement skills they have already acquired:

- -rolling, crawling, walking, jumping, running, hopping, skipping, climbing.
- -Progress towards a more fluent style of moving, with developing control and grace.
- -Develop the overall body strength, coordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.
- -Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.
- -Combine different movements with ease and fluency.
- -Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.
- -Develop overall body-strength, balance, coordination and agility.
- -Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming.
- -Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.

# The Importance of P.E.

"Physical literacy should be every bit as important as numerical and alphabetical literacy in a child's development."

(Judy Murray)

At Cranleigh C of E Primary School, our Physical Education curriculum is designed to promote holistic development, fostering not only physical health and skills but also cooperation, mental wellbeing and leadership. All lessons include physical, social, emotional and thinking skill development that will in turn support children's love for physical activity, whilst nurturing essential life skills. Our carefully designed PE curriculum endeavours to embrace our diverse community and offers a range of sporting opportunities that some of our children may not always have the opportunity to experience outside of school. We prioritise swimming from Year 3 upwards to ensure that all children leave Cranleigh C of E Primary School meeting the national curriculum requirements and having developed what we consider to be a key life skill.

# **The Concepts**

At Cranleigh C of E Primary School, our PE provision endeavours to enable children to develop deep, sustained knowledge which allows them to make links between the different strands of the PE curriculum, as well as the wider curriculum and their own lives. Fundamental movement skills are a core principle, ensuring that children have solid foundations which are built on year by year through a coherent journey. We aim to give children weekly opportunities to retrieve and apply prior learning resulting in a higher knowledge retention. Learners' knowledge and use of PE vocabulary is strengthened alongside the teaching of recurring concepts. We have identified these concepts as motor competence, rules, strategies and tactics, health, teamwork and leadership, as we believe that this will develop children's physical competence, lifestyle choices and engagement in physical activity throughout their lives.

# **Aspiration, Diversity and Inclusivity**

Our aspiration in our curriculum at Cranleigh C of E Primary School is seen in our high expectations of all children, through their performance and ongoing refinement of skills, as well as their ability to communicate and problem solve with their peers. Opportunities are given to evaluate their work and that of their peers so that they can consistently improve their skills. In addition to our regular PE curriculum, we offer a range of enrichment opportunities to further enhance children's physical development and enjoyment of sport. These may include extracurricular clubs, inter-school competitions, workshops with professionals and outdoor education experiences. Sports week and sports day are annual highlights in our school calendar, where children showcase their talents, celebrate achievements and demonstrate sportsmanship. These events provide an opportunity for children to participate in a variety of sports and activities, promoting teamwork, resilience and healthy competition in a supportive and inclusive environment. In addition, this focus week has been planned to link closely with children's learning in DT, to strengthen concept development, knowledge and application to their daily lives.

We recognise the diverse community at our school and, as such, give children an opportunity to express their individual interests, thoughts and ideas through their lessons. This is supported through the availability of a wide range of quality resources and equipment, which the children develop confidence in using through the experiences they are given. We

ensure our curriculum is inclusive for all children including those with a range of needs. First and foremost, this is enabled through high quality teaching which includes explicit instruction, modelling, scaffolding, and the creation of an environment where everyone can succeed. During playtimes, we use PhysiFUN to further immerse children in collaborative active play; we are developing our children as leaders through this approach. Through collaborative activities and peer support, we encourage children to appreciate each other's strengths and differences, creating a welcoming and inclusive PE community.

# Communication

Our PE curriculum utilises Get Set 4 PE to ensure that all lessons are progressive and build on substantive knowledge across each year group. Children actively engage in sessions and are encouraged to share ideas and opinions with their peers. Through the exposure and modelling of PE vocabulary, we want our learners to communicate effectively and think critically in PE as standard practice. We aim to build resilience in learning by helping our learners to gain confidence in having a go and refining their skills. We want all children to leave Cranleigh C of E Primary able to confidently understand and use team-based skills and the vocabulary they have learned based on the high-quality teaching experiences to which they have been exposed.

#### **Evaluation**

We aim for all children within our richly-diverse community to leave Cranleigh C of E Primary with a positive attitude and enjoyment of PE and its health benefits. The children will have developed their fundamental movement skills as well as awareness of rules, strategies and tactics in a safe and enjoyable way. We believe this will contribute significantly to our wider school aim of preparing children for a joyful life in the modern world.