THE CRANLEIGH
CHRONICLE
INCLUSION & WELL-BEING

Cranleigh C of E Primary School

Nurturing Belief and Ensuring the Highest Standards of Learning for All

Friday 14th June 2024

We've
embraced
thrive

THE INCLUSION TEAM'S WELCOME

It is that time of year when we start thinking about the changes and transitions ahead of us. Whether this is the summer holidays, with its changes in routines, or moving to a new year group or school, we will be experiencing a mix of emotions.

For some of us, the thought of the summer holidays will fill us with excitement; for others, the thought of filling the days is not such a fun prospect. Look out for some ideas in this newsletter of things you can do this summer.

For some children, transitioning from primary to secondary school will be a particularly significant change. Learning about change and how to cope with it can help with this particular transition and prepare children for many other changes and challenges they will face in life. In this newsletter, we have also included some resources you could use to support your child with this.

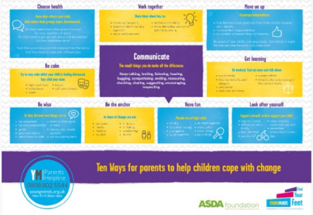
Last week, we were officially recognised as a Thrive Ambassador School. This is an incredibly exciting and significant development, and will enable us to support all pupils even further with their well-being and social/emotional needs.

If you have any questions regarding your child's behaviour, well-being and/or additional needs, please do not hesitate to speak to one - or both - of us.

Mrs J Mills (SENDCo) and Miss K Meade (Assistant SENDCo)

Helping Children Cope with Change

Click HERE to download the below.



Choose health

Know what affects your child, what makes them grumpy, hyper, disconnected...

Work together

Share ideas about how to:

Move on up

Encourage independence

Communicate

The small things you do make all the difference:

Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

Be calm

Try to stay calm whilst your child is feeling distressed. Your child may show:

Get learning

Be involved, find out more and talk about:

Be wise

As they discover new things, try to:

Be the anchor

In times of change you are:

Have fun

Provide lots of light relief

Look after yourself

Support yourself, to best support your child

Ten Ways for parents to help children cope with change

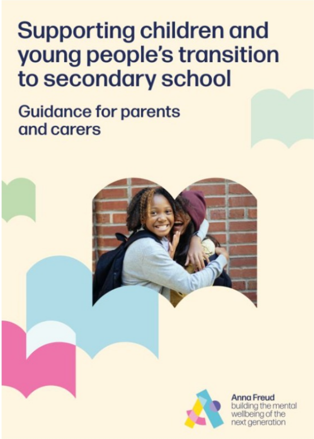
YM Parents Helpline
0808 802 5544
youngminds.org.uk
Mon-Fri 9.30am-4pm

ASDA foundation

YOUNGMINDS Find Your Feet

Support Children with the Transition to Secondary School

Click HERE to download the brochure in full.

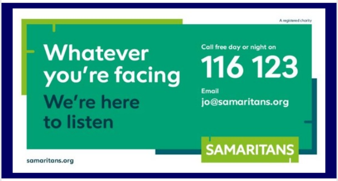


Supporting children and young people's transition to secondary school

Guidance for parents and carers

Anna Freud
building the mental wellbeing of the next generation

you are perfect



A registered charity

Whatever you're facing

We're here to listen

Call free day or night on

116 123

Email

jo@samaritans.org

SAMARITANS

samaritans.org

SAMARITANS

1

Asking someone directly about suicidal thoughts won't make anything worse, many people can find it a huge relief to talk about.

SAMARITANS

2

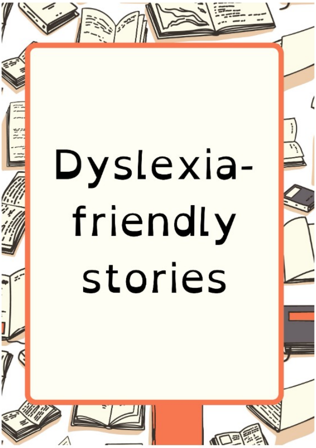
You don't have to be an expert to help someone open up, being there and showing you care is what counts. Just starting the conversation can lead people to getting the support they need.

SAMARITANS

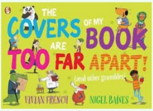
3

If you've been through tough times yourself, sharing your story can offer hope to others. It shows them they're not alone, it's OK to talk about it and that there's strength in reaching out for support.

A SMILE
is the
PRETTIEST THING
YOU CAN WEAR

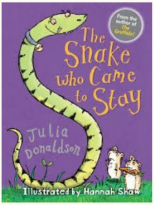


Dyslexia-friendly stories



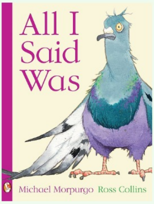
The Covers Of My Book Are Too Far Apart! (And Other Grumbles)

This diversely illustrated picture book gives helpful suggestions for many reading issues.


The Snake who Came to Stay
From the author of The Gruffalo!
Julia Donaldson
Illustrated by Hannah Shaw

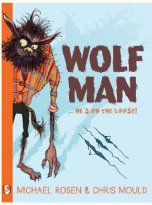
The Snake who Came to Stay

This story is easy to read and has pictures on every page. There are also a few snake jokes and a snakes and ladders game inside the front cover. An appealing dyslexia-friendly story for young animal lovers.



All I Said Was

One of an innovative series of dyslexia-friendly picture books which feature accessible fonts, strong contrast, good spacing and uncluttered layout to ensure accessibility for all, including parents with reading difficulties.

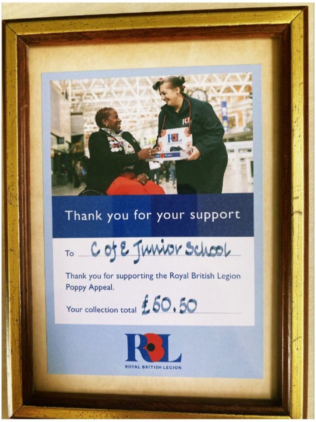


Wolfman...He's On the Loose

Michael Rosen and Chris Mould have created an exciting and engaging picture book with dyslexia-friendly features which make this book highly accessible.

WAKE UP
& DO THE BEST
you can

Thank You!



Thank you for your support

To C of E Junior School

Thank you for supporting the Royal British Legion Poppy Appeal.

Your collection total £60.50

RBL
ROYAL BRITISH LEGION

This week, the **Royal British Legion** presented us with a certificate to say thank you for the money you all raised during their Poppy Appeal. We've placed this in the office lobby. Please do take a look when you're next in.

DO SOMETHING
creative

EVERYDAY

SEND Support for Parents

Cerebral Palsy Guide

Cerebral Palsy Guide

This site offers resources to individuals and families who are affected by cerebral palsy. Although this is a US organisation, the Cerebral Palsy Guide is full of information about the condition, and may still be useful for people looking for support in the UK.

DAME VERA LYNN
Children's Charity
Discover together

Cerebral Palsy Support

This charity supports young children with cerebral palsy and motor learning impairments.

Find out more HERE.

white lodge

Support for Children and Adults with Diverse Needs

White Lodge in Chertsey provides support for people of all ages with disabilities. This includes therapy services, play and youth clubs, and short breaks.

Don't stress.
do your best.
Forget the Rest!

Cranleigh C of E Primary School
Faith
THE CHURCH OF ENGLAND

The Church of England's DAILY prayer.

A Blessing for Dad

Ahead of **Father's Day** on Sunday, we invite you to take a moment to close your eyes and remember one of your most special and happy moments with your dad or special male role model.

Tell him about this moment and why it made you so happy. You can also remember dad with a photo of him – hold it in your hand and think of a simple prayer to help you say 'thank you' to God for him. Here's a suggestion:

Dear God, thank you for my dad,
Thank you for how he has cared for me.
Thank you for all that he means to me and
please bless him today.
Amen

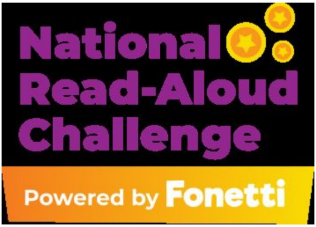
Spirituality

Take a breath, observe the following photographs of our beautiful county, and try and connect.

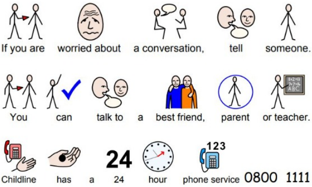
IN ALL
Things
GIVE
Thanks

Summer Challenge!

Support your child by taking this summer reading challenge!! It's FREE for the 3 summer months - June through to August - and supports reading progression in a fun and competitive way.



SAFEGUARDING



If you are worried about a conversation, tell someone.

You can talk to a best friend, parent or teacher.

Childline has a 24 hour phone service 0800 1111

If you have any concerns regarding a child, please ask to speak to one of our safeguarding team below straight away by telephoning the school on 01483 273286:

Mrs S Salter: Deputy Headteacher / Designated Safeguarding Lead

Mrs K Pelazza: Headteacher / Deputy Designated Safeguarding Lead

Mrs J Mills: SENDCO / Deputy Designated Safeguarding Lead

Miss K Meade: Assistant SENDCo / Deputy Designated Safeguarding Lead

Mrs T Church: Thrive Practitioner / Deputy Designated Safeguarding Lead

The Good Shepherd Trust: Safeguarding Team

All the above members of staff wear a black lanyard with the initials 'DSL' in yellow (see photo below), so we're easy to spot!

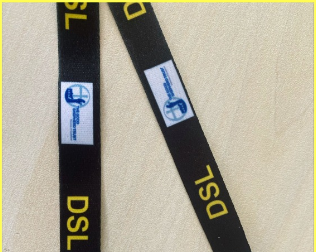
You can also contact one of the following:

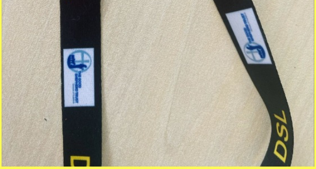
C-Spa (Surrey Children's Services):

- **Phone:** 0300 470 9100
- **Email:** cspa@surreycc.gov.uk

NSPCC: 0808 800 5000

Police: 999 (where you believe a child is at immediate risk of harm)





ONLINE SAFETY

These rules will help you stay safe online.

Tell your parents or teacher if anything online upsets you.

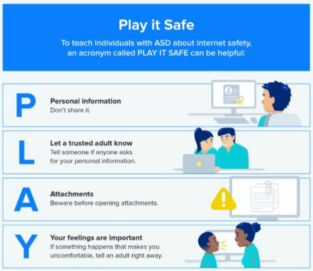
Don't talk to strangers online.

Tell your parents or teacher if a stranger talks to you.

Don't put personal information online.

Your name, home address, your school should be secret.

ONLINE SAFETY SUPPORT FOR CHILDREN WITH ASD



Play it Safe

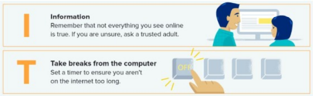
To teach individuals with ASD about internet safety, an acronym called PLAY IT SAFE can be helpful:

P **Personal information**
Don't share it.

L **Let a trusted adult know**
Tell someone if anyone asks for your personal information.

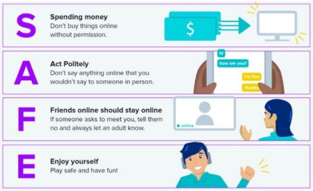
A **Attachments**
Beware before opening attachments.

Y **Your feelings are important**
If something happens that makes you uncomfortable, tell an adult right away.



I **Information**
Remember that not everything you see online is true. If you are unsure, ask a trusted adult.

T **Take breaks from the computer**
Set a timer to ensure you aren't on the internet too long.



S **Spending money**
Don't buy things online without permission.

A **Act Politely**
Don't say anything online that you wouldn't say to someone in person.

F **Friends online should stay online**
If someone asks to meet you, tell them no and always let an adult know.

E **Enjoy yourself**
Play safe and have fun!

Enjoy every moment

Let's Celebrate!

HOUSE POINTS

Check out our total to date on the website's Home Page, too!

HOUSE	Weekly TOTAL	TOTAL To Date
Otters	1,081	8,122
Porpoises	1,294	9,746
Dolphins	1,171	7,689
Whales	1,028	8,105

House Point Winners	Class
Frank, Austin, Reuben	Reception
Marnie, Hebron, Emily	Year 1
Lincoln, Danil, Amelia	Year 2
Evelyn, Mary, Phoebe	Year 3
Tadisa, Fergus, Lilou	Year 4
Freddie, Kayden, Mia	Year 5
Addison, Tyrese, Zach B, Daryna, Megan, Alizza	Year 6

OUR WEEKLY WINNERS!

READY, RESPECTFUL, SAFE	SPOTLIGHT AWARD	Class
Cole	Austin	Reception
Norbert	Evie	Year 1
Aaron	Amelia-Marie	Year 2
Vinnie	Jessica	Year 3
Chloe	Tadisa	Year 4
Hania	Bonnie	Year 5
Callum	Tyrese	Year 6 AM
Aman	Daryna	Year 6 MM

ATTENDANCE CHAMPIONS

CLASS	WEEKLY ATTENDANCE %	ATTENDANCE TO DATE
Reception	94%	90%
Year 1	90%	88%
Year 2	85%	88%
Year 3	92%	92%
Year 4	94%	91%
Year 5	86%	89%
Year 6	90%	93%

Well done to Reception for having the highest attendance this week! We're so proud of you all!

Well done to Year 6 for having the highest attendance to date this academic year. Well done!

And please remember, attending school regularly ensures children do not miss out on anything; not just the academic, but the social and emotional aspects, too.

MOMENTS MATTER, ATTENDANCE COUNTS.

So, let's keep our children attending school regularly and arriving on time.

If you would like any support in getting your child to school regularly and on time, please make an appointment to speak with Attendance Lead, and Headteacher, Mrs Kate Pelazza.

WELCOME TO
Cranleigh Church of England Primary School

Application for Leave of Absence during Term Time

Applications to Request Leave during Term Time

A reminder that we have updated our procedures to request leave.

We are no longer accepting the paper application forms; instead, please click HERE to access the attendance section of our website. There, you will find the link to an online Google Form which will need to be completed should you wish to request leave during term time. This Form also outlines the Department for Education's regulations and the school's expectations.

If you would like any help with the new application for leave procedure, please make an appointment to see Attendance Lead, and Headteacher, Mrs Kate Pelazza, on 01483 273286, or pop into the school office to speak with Mrs Jenking, admin attendance lead.

GIVEAWAY!
GIVEAWAY!
GIVEAWAY!

EVERY WISH
1 GIFT CARD = 200+ BRANDS
Sainsbury's
amazon.co.uk
JUST EAT
IKEA
The Entertainer
THE BODY SHOP
Riverisland
boohooMAN
Argos
NEW LOOK
SPORTS DIRECT
H&M
Uber Eats
lastminute.com
M&S
zalando

Attendance Reward!

Don't forget, we have 2 more **£50** 'Every Wish' gift vouchers to give away on July 19th!

EVERY child who has an *improved attendance* - however small that improvement may be - for this half-term compared to last, and EVERY child who has an attendance of *96% or above* for this half-term, will be entered into the prize draw to win one of the 2 vouchers.

The prize draw will be taking place on **Friday 19th July** and winners will be announced and contacted that day to collect the vouchers before half-term begins.

Remember, you MUST be in school on July 19th to be entered.

Now, let's try and get to school each day!

START
NOW
MAKE
IT

CHECK OUT OUR SOCIAL MEDIA ACCOUNTS!
FACEBOOK
X (FORMERLY TWITTER)

Do check out our social media accounts to stay up-to-date with all the latest information:

[Facebook]

[X (Formerly Twitter)]

Stop dreaming
Start Doing

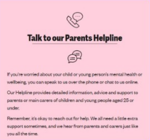
Mental Health Support

It's ok not to be ok...

Place 2Be
Improving children's mental health

Exam Stress and Support

As adults, it can be difficult to know what we can do to support children and young people during exam time. **Place2Be** have created some tip sheets full of practical advice to help young people and families manage stress during exam season. This includes results day.



Talk to our Parents Helpline

If you're worried about your child or young person's mental health or wellbeing, you can speak to us over the phone or chat to us online.

Our Helpline provides detailed information, advice and support to parents or main carers of children and young people aged 25 or under.

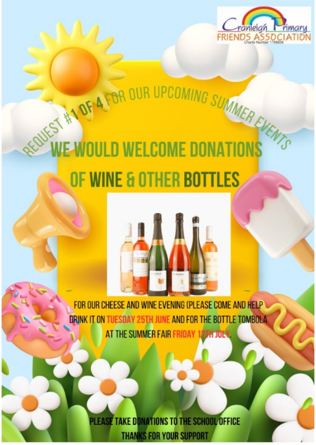
Remember, it's okay to reach out for help. We all need a little extra support sometimes, and we hear from parents and carers just like you all the time.

YoungMinds

YoungMinds are a mental health charity for children, young people and their parents, making sure all young people can get the mental health support they need.

As a parent, you can contact them HERE.

COMMUNITY
NOTICES
CRANLEIGH • EWHURST • SURREY



REQUEST #1 OF 4 FOR OUR UPCOMING SUMMER EVENTS

WE WOULD WELCOME DONATIONS OF WINE & OTHER BOTTLES

FOR OUR CHEESE AND WINE EVENING (PLEASE COME AND HELP DRINK IT ON TUESDAY 25TH JUNE AND FOR THE BOTTLE TOMBOLA AT THE SUMMER FAIR FRIDAY 12TH JULY.

PLEASE TAKE DONATIONS TO THE SCHOOL OFFICE
THANKS FOR YOUR SUPPORT

TOKEN SALES

EVERY FRIDAY - AT PICK-UP - IN THE PLAYGROUND
AND AT SPORTS DAY
STARTING THIS FRIDAY 14TH JUNE

Family fun day!

Donut sales

£1 PER TOKEN
PAYMENT IN CASH OR CARD - CASH PREFERABLE :-)

EARLY BIRD SALES FOR THE NEXT 2 WEEKS

Ice Lollies

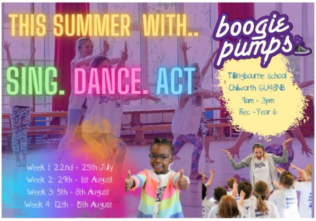
£10 FOR 12 TOKENS
£20 FOR 23 TOKENS

Sports Day!

Book sales

Christmas fair

TO BE USED AT ANY OF THE PTFA EVENTS THROUGHOUT THE YEAR!



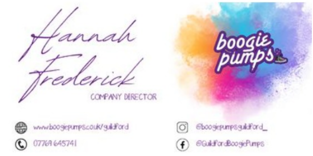
THIS SUMMER WITH..

boogie pumps

SING. DANCE. ACT

Tillingbourne school
Chilworth GU48NB
9am - 3pm
Rec - Year 6

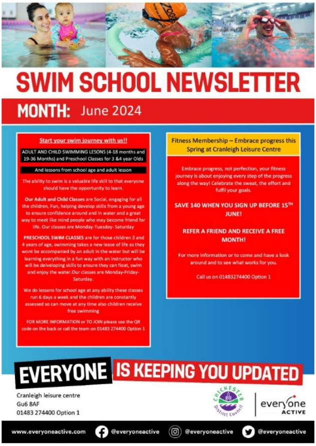
Week 1: 22nd - 25th July
Week 2: 29th - 1st August
Week 3: 5th - 8th August
Week 4: 12th - 15th August



Hannah Frederick
COMPANY DIRECTOR

boogie pumps

www.boogiepumps.co.uk/guildford
07769 645741
@boogiepumpsguildford_
@GuildfordBoogiePumps



SWIM SCHOOL NEWSLETTER

MONTH: June 2024

Start your swim journey with us!!

ADULT AND CHILD SWIMMING LESONS (4-18 months and 19-36 Months) and Preschool Classes for 3 &4 year Olds

And lessons from school age and adult lesson

The ability to swim is a valuable life skill to that everyone should have the opportunity to learn.

Our Adult and Child Classes are Social, engaging for all the children, Fun, helping develop skills from a young age to ensure confidence around and in water and a great way to meet like mind people who may become friend for life. Our classes are Monday-Tuesday- Saturday

PRESCHOOL SWIM CLASSES are for those children 3 and 4 years of age, swimming takes a new lease of life as they wont be accompanied by an adult in the water but will be learning everything in a fun way with an instructor who will be delveloping skills to ensure they can float, swim and enjoy the water.Our classes are Monday-Friday-Saturday.

We do lessons for school age at any ability these classes run 6 days a week and the children are constantly assessed so can move at any time also children receive free swimming

FOR MORE INFORMATION or TO JOIN please use the QR code on the back or call the team on 01483 274400 Option 1

Fitness Membership – Embrace progress this Spring at Cranleigh Leisure Centre

Embrace progress, not perfection, your fitness journey is about enjoying every step of the progress along the way! Celebrate the sweat, the effort and fulfil your goals.

SAVE 140 WHEN YOU SIGN UP BEFORE 15TH JUNE!

REFER A FRIEND AND RECEIVE A FREE MONTH!

For more information or to come and have a look around and to see what works for you.

Call us on 01483274400 Option 1

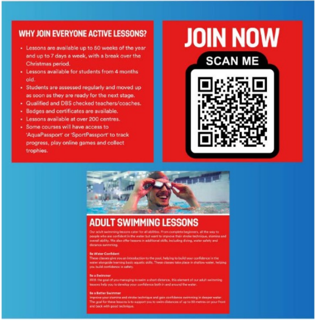
EVERYONE IS KEEPING YOU UPDATED

Cranleigh leisure centre
Gu6 8AF
01483 274400 Option 1

www.everyoneactive.com @everyoneactive @everyoneactive @everyoneactive

SWIM SCHOOL NEWSLETTER

MONTH: June 2024



WHY JOIN EVERYONE ACTIVE LESSONS?

- Lessons are available up to 50 weeks of the year and up to 7 days a week, with a break over the Christmas period.
- Lessons available for students from 4 months old.
- Students are assessed regularly and moved up as soon as they are ready for the next stage.
- Qualified and DBS checked teachers/coaches.
- Badges and certificates are available.
- Lessons available at over 200 centres.
- Some courses will have access to 'AquaPassport' or 'SportPassport' to track progress, play online games and collect trophies.

JOIN NOW

SCAN ME

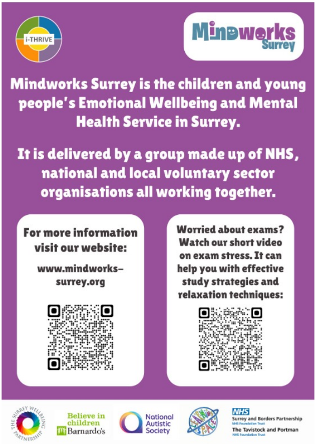
ADULT SWIMMING LESSONS

Our adult swimming lessons cater for all abilities. From complete beginners, all the way to people who are confident in the water but want to improve their stroke technique, stamina and overall ability. We also offer lessons in additional skills, including diving, water safety and distance swimming.

Be Water Confident
These classes give you an introduction to the pool, helping to build your confidence in the water alongside learning basic aquatic skills. These classes take place in shallow water, helping you build confidence in safety.

Be a Swimmer
With the goal of you managing to swim a short distance, this element of our adult swimming lessons help you to develop your confidence both in and around the water.

Be a Better Swimmer
Improve your stamina and stroke technique and gain confidence swimming in deeper water. The goal for these lessons is to support you to swim distances of up to 50 metres on your front and back with good technique.



i-THRIVE

Mindworks Surrey

Mindworks Surrey is the children and young people's Emotional Wellbeing and Mental Health Service in Surrey.

It is delivered by a group made up of NHS, national and local voluntary sector organisations all working together.

For more information visit our website:

www.mindworks-surrey.org

Worried about exams? Watch our short video on exam stress. It can help you with effective study strategies and relaxation techniques:

The Surrey Wellbeing Partnership

Believe in children Barnardo's

National Autistic Society

NHS Surrey and Borders Partnership NHS Foundation Trust

The Tavistock and Portman NHS Foundation Trust

The Surrey Wellbeing Partnership

PARENT WELLBEING

SERVICE

Parent Wellbeing Service
Surrey Wellbeing Hub
107A, 107B Regus
Dorset House
REGENT PARK
Kingston Road
Leatherhead
KT22 7PL

PWS@barnardos.org.uk

Believe in children
Barnardo's

Proud to be part of
Mindworks Surrey
The children and young people's emotional wellbeing and mental health service

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OUR SCHOOL CALENDAR

Full calendar dates can be found on our website.

KAPLA Stem Workshops ALL DAY From 18 Jun until 19 Jun	18 June
Year 6 Leavers' Service at Guildford Cathedral 9:15AM – 12:00PM	19 June
Young Readers Programme - Y2, Y3, Y4 - with Cranleigh School, the National Literacy Trust & a Storyteller 1:00PM – 3:00PM	19 June
24/25 Reception children & parents' Teddy Bears' Picnic 1:15PM – 2:30PM	20 June
Sports' Week ALL DAY From 24 Jun until 28 Jun	24 June
PTA Pre-AGM Mtg in School 6:00PM – 7:30PM	25 June
Sports' Day ALL DAY	28 June
Glebelands Transition Days for Year 6 ALL DAY From 01 Jul until 02 Jul	01 July
School Transition Day (Rec-Y5) ALL DAY	02 July
Y5 and Y6 at Woking Theatre ALL DAY	04 July
Year 6 end of year production for parents 1:30PM – 3:00PM	10 July
Year 6 Play to Parents 5:45PM – 7:15PM	11 July
Family Fun 'Day' - From 3:30pm onwards ALL DAY	12 July
Reports Home ALL DAY	15 July
Year 6 Leavers' Service at St. Nicolas - All Parents Welcome 1:30PM – 2:00PM	18 July

HAPPY
Father's
DAY

To all the dads, we wish you a very happy **Father's Day** for Sunday.

And to all the special male role models in your child's life, as well as all the single mums stepping up, we think of you, too.

Have a great day!

Happy Weekend
Enjoy!